Version	Date Updated
1	January 2019

LINCLUDEN MEDICAL CENTRE

# **Contact Sheet: Finances**

# **Citizens Advice Scotland**

Web: www.citizensadvice.org.uk Tel: 01698 748 615

Citizens Advice can offer support in relation to a range of issues including benefits, employment rights, debt and consumer issues, family law, and housing.

## Money Matters Advice

Web: via www.southlanarkshire.gov.uk Contact: Lanark Area Office, South Vennel, Lanark, ML11 7JT. Tel: 01555 673 574.

## National Debt Line Scotland

Web: www.nationaldebtline.co.uk Tel: 0808 808 4000

## Family Fund

Web: www.familyfund.org.uk Tel: 01904 550 055

Family Fund is a UK charity providing grants for families raising disabled or seriously ill children and young people.

#### Lanarkshire Foodbanks

Web: http://www.nhslanarkshire.org.uk/HealthyLiving/EatWell/Pages/food-banks.aspx

• Viewpark Food Bank, Tel: 0748 155 9265

# **Trussell Trust**

Web: www.trusselltrust.org

Details of foodbanks across Lanarkshire.

#### Lanarkshire Crisis Help App

A free integrated app for mobile phones designed to help Lanarkshire residents affected by benefit changes or financial issues to navigate and find services or welfare advice that can help when they most need it. Contains information on 'Money', 'Housing and Bills' 'Work', and 'Help Now'.

# Turn 2 Us

Web: <u>www.turn2us.org.uk</u>

A national charity helping people when times get tough by providing financial support to help people get back on track.